

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal selection Milk or water	Cereal selection Milk or water	Cereal selection Milk or water	Cereal selection Milk or water	Cereal selection Milk or water
Snack	Pears Raisins Rice Cakes	Kiwi Apples Cheese Straws	Bananas Apricots Crackers	Apples Raisins Breadsticks	Oranges Grapes Cheddars
Lunch	Fish Cakes Boiled potato Mixed Veg Vegetable Nuggets Tuna Sauce for babies	Egg Noodles Chicken Peas Peppers Quorn Pieces	Burgers Mash Potato Cauliflower Sweetcorn Veg Sausages Minced for babies	Shepherd's Pie Broccoli Green Beans Quorn Mince	White Pasta Tomato Sauce Cheese Garlic Bread
	Apple Sponge Custard Yogurt Fromais Frais	Raisin Cookies Yogurt Fromais Frais	Jelly Ice Cream Yogurt Fromais Frais	Rice Pudding Honey Yogurt Fromais Frais	Fruit salad Yogurt Fromais Frais
Tea	Crumpets Soft Cheese	Pitta Fingers Houmous/Guacamole Veg Sticks	Sandwich Platter	Cheese Grapes Crackers	Toast Beans

July 2014