

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal selection Milk or water	Cereal selection Milk or water	Cereal selection Milk or water	Cereal selection Milk or water	Cereal selection Milk or water
Snack	Pears Apricots Rice Cakes	Kiwis Apples Bread Sticks	Bananas Raisins Crackers	Apples Raisins Cheese Straws	Oranges Grapes Cheddars
Lunch	Chipolata Sausages Mashed Potato Peas Green Beans Gravy Quorn Sausages	Chilli Con Carne White Rice Quorn Mince	Vegetable Lasagne Aubergine Courgette Carrot Garlic Bread Spaghetti pasta for babies	Salmon Fish Cakes Mash Potato Broccoli Sweetcorn Vegetable Nuggets	Roast Veg Medley Yorkshire Pudding Roast Chicken Breast Peas Cauliflower Quorn Gravy
	Pineapple Sponge Custard Yogurt Fromais Frais	Angel Delight Fruit Yogurt Fromais Frais	Apple Crumble Ice cream Yogurt Fromais Frais	Rice Pudding Mango Puree Yogurt Fromais frais	Tropical Fruit Salad Yogurt Fromais Frais
Tea	Toast Beans	Pitta Fingers Houmous/Guacamole Veg Sticks	Sandwich Platter	Couscous Salad Houmous/Guacamole	Crumpets Soft Cheese

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